

## Holistic Therapy Treatments

Fairyhill is pleased to be able to offer the following range of treatments:-  
 Aromatherapy, Reflexology, Swedish Body Massage, Indian Head Massage,  
 and Indian Face Massage

Our team of visiting therapists are all fully qualified and experienced, and the feedback that we have is that they are all excellent.

If you would like to book a treatment please let reception know as soon as possible, a minimum of 24hours notice is usually required.

### Aromatherapy

A gentle massage using essential oils for their healing and mood enhancing properties, to promote a feeling of well being and relaxation

60 minutes, a full body massage £60.00

### Reflexology

A foot massage which applies pressure to specific parts of the feet to promote balance, relieve tension and encourage healing

60 minutes £60.00

### Swedish Massage

A deep tissue massage technique, which aids relaxation and reduces tension, enhances lymphatic drainage and improves circulation

60 minutes (full body) £60.00

45 minutes (shoulders, back & neck) £55.00

### Indian Head Massage

A massage of the shoulders, neck and head, while seated and fully clothed, induces deep relaxation and relieves tension in the areas most commonly affected

30 minutes £42.00

### Indian Face Massage

Facial massage is one of the most important elements of facial rejuvenation. Using repetitive finger movements along each wrinkle and also working on the underlying facial muscles, to relieve tension in the muscles of the face, neck, and scalp, smoothing away lines and bringing elasticity and sheen back to the skin

60 minutes £60.00

**A five minute consultation is required before any treatment**